

Your Rheum is a national Young Persons' Advisory Group (YPAG). It is a rheumatology specific YPAG for anyone aged 11-24, diagnosed with a rheumatic condition & living in the UK

WHAT DOES YOUR RHEUM DO?

Members work with researchers on rheumatology projects. We hold **face-to-face meetings** at least twice a year, as well as host regular **virtual meetings & online activities** every few weeks

No qualifications needed OR Experience of working in health research

WHAT TO EXPECT

Provide your thoughts on a research idea (e.g. is it important?)

- Give your opinions to help guide the design of a research study
 - Get creative and write a blog
 or scientific paper
 - Meet other young people

Your Rheum is FREE to join You CHOOSE the activities



GROUP RULES

• The group is made up of young people from different backgrounds with different ideas, treat each other with **respect & sensitivity**

 Please read the full list of ground rules on the website here <u>https://yourrheum.org/group-rules/</u>

CONTACT DETAILS

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