



## 6 month Round Up

Highlights since February...

**Virtual meetings:** In March we welcomed Diarmuid McLaughlin to discuss the impact of the COVID-19 pandemic on paed rheum services. There was lots of talk about consultation type, e.g. face-to-face vs virtual - which seemed to be the most significant change during COVID, highlighted by young people and health professionals. Hybrid consultations might be the future...?

Then in May, we had another busy agenda and welcomed Natasha Shaw, Catherine Wright and Flora McErlane. We fed into a Versus Arthritis Young Persons Panel survey (coming soon) and talked about what makes a great paed rheum service. It seems there are lots of information leaflets centres can improve on/add, as well as making the waiting room environment better. Even improving the use of modern technology, like apps to get results and just access to hospital WIFI!

**Online activities:** We had a great opportunity to input into a toolkit being developed by BSR & DHSC. The toolkit is aimed to help colleges, universities, employers, better understand the needs of young people with MSK conditions. We also worked with Olivia Sonola-Jones and proof read her research project summary about pain communication.

**Last but not least BSR conference & CSG Research day:** A huge well done to Pelin and Suruthi who presented the creation of the Your Rheum animation and attend a live Q&A session at BSR.

**Your Rheum Animation** <https://bit.ly/yourRHEUM>

We hate saying goodbye to members...Lauren we wish you all the best for your new adventure



### NOTICE Board

- ❖ **Your Rheum face-to-face meetings** are BACK!! **2<sup>nd</sup> July** in Manchester 1-4pm  
Contact Laura for more info & if you would like to come along  
[Laura.lunt@Manchester.ac.uk](mailto:Laura.lunt@Manchester.ac.uk)
- ❖ The next **virtual meeting** is **7<sup>th</sup> July 7pm**.  
Contact Laura if you would like to attend  
[Laura.lunt@Manchester.ac.uk](mailto:Laura.lunt@Manchester.ac.uk)
- ❖ New YouTube video about the **research cycle** <https://youtu.be/PAEIBg5Dvb4>

### SPOTLIGHT

**Name:** Pelin Zing

**3 words to describe Your Rheum:**

Lively, comforting and fascinating

**How long have you been a**

**member of Your Rheum:** Since February 2021

**Where would you like to travel to most:**

There are so many places I'd love to visit including Italy (north and south), the Maldives, Bora Bora and Australia

**Least favourite food:**

Bananas! I hate them on it's own mashed, cut up or whole but I can eat them mixed in with other things like banana bread (I love banana bread)



### BLOG POST ALERT!

<https://yourrheum.org/blogs/>