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wearevocal.org

VOCAL

Share your tips and help others with a musculoskeletal condition!

Be part of our informal event.

 [@letsgetvocal](https://www.facebook.com/letsgetvocal)  [@letsgetvocal](https://twitter.com/letsgetvocal)

We are looking for **10 people aged 16-30** to join us at a **friendly online event** from **6:30 pm to 8:00 pm** on the **11th of October 2021**.

You will meet other likeminded people and work together to come up with written and video tips to share with other young people during our **social media campaign taking place 11th to 15th of October** to celebrate World Arthritis Day.

You will receive £37.5 as a thank you for participating (through BACS payment or vouchers).

We are looking for people aged 16-30 who:

- Have a diagnosis of Juvenile Idiopathic Arthritis, Lupus, Vasculitis, Rheumatoid Arthritis or Psoriatic Arthritis
- Are happy to record a short video clip
- Are happy to share their thoughts and ideas with the group

If interested, email Paolo on paolo.arru@mft.nhs.uk by the 4th of October with your age, a little about yourself and why you'd like to be part of the event.

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