



CONGRATULATIONS HAMZA & MORGAN ON BEING APPOINTED YOUR RHEUM CHAIRS!



6 month Round Up

Here are some highlights of the work Your Rheum has been involved in since February...

Virtual meetings: Back in **February** we worked with Eve, Ella & Rachael at University of Liverpool, providing feedback on an animation explaining **treat to target** to young people and their families. Then in **April**, we met Linda from University of Leeds to discuss **peer support** and gave our thoughts on what a good peer support programme should look like.

Online activities: We've been busy bees recently. Projects have ranged from transitional care questionnaire *Mind the Gap*, medication side effects & how important, or not, they are & the use of MRI scans to investigate joint inflammation.

We can't wait to hear how all of these projects get on & will keep our readers updated of course!

Headline from our June virtual meeting: Mental health is an important research area & there's more work to be done FULL STOP

Your Rheum **submitted an abstract to PreS Congress 2021** all about experiences of working virtually on research involvement activities. Thank you members & researchers who provided their thoughts & a massive well done to Morgan, Suruthi, Jasmine & Tilda who co-authored the piece of work.

Developmentally appropriate care for young people BSR training day May 2021: Aimee & a number of other young people were part of this BSR virtual training day. Feedback from delegates who attended the event was very positive, specifically commenting on how well everyone presented and that the young people being part of the day was a highlight. Thank you Aimee & all of the other wonderful young people who attended!

A warm welcome to new members: Iffrah, Grace, Ashar, Bethany, Olivia, Ecem and Jasmine

NOTICE Board

- ❖ Helpers needed for the Virtual Your Rheum **meet & greet meeting 11th August 11am – 12:30pm**. Do you want to join & talk to other young people about the group?
- ❖ Want to **contribute to an academic paper in the BMC?**
- ❖ Updated **Your Rheum flyers, posters & business cards** available on request, get in touch

Contact Laura for more information on any of the above items

Your.rheum@Manchester.ac.uk

- ❖ **Your Rheum animation** is on track – coming to a screen near you this summer!



SPOTLIGHT

Name:

Imogen Bolger

3 words to describe Your Rheum:

Fun, interesting, supportive

How long have you been a member of Your Rheum:

3 years now! My first meeting was at Sheffield, a city where I later decided to go to university

Where would you like to travel to most:

China since I learned mandarin in secondary school!

Least favourite food:

Anchovies! Yuck

